THYROID DISEASES

Hashimoto's Thyroiditis, also known as lymphocytic thyroiditis, is a progressive autoimmune disease. It is more common in women than men (8:1). There is a gradual, usually non-tender enlargement of the thyroid. Symptoms may include weakness, fatigue, cold intolerance, constipation, depression, hoarseness, and dry skin.

Graves' Disease is an autoimmune disease and a type of hyperthyroidism. It is more common in women than men (8:1). Symptoms may include sweating, anxiety, loose stools, heat intolerance, irritability, fatigue, (protrusion of the eyes), goiter (enlargement of the thyroid) and thyrotoxicosis (excessive thyroid action).

Papillary Carcinoma is the most common (76%) thyroid malignancy. It is seen more commonly in women than men. It is usually the least aggressive and least malignant of thyroid cancers. A single nodule is typical.
HYPOTHYROIDISM

- Puffy eyes
- Swelling (Goiter)
- Hoarseness/Deepening of voice
- Persistent dry or sore throat
- Difficulty swallowing
- Thinning of hair/Hair loss
- Loss of body hair
- Dry, patchy skin
- Family history of Thyroid Disease or Diabetes
- Constipation
- Muscle weakness/cramps
- Tiredness
- Weight gain
- Cold intolerance
- Elevated cholesterol

HYPERTHYROIDISM

- Nervousness
- Irritability
- Bulging eyes/Unblinking stare
- Swelling (Goiter)
- Persistent dry or sore throat
- Difficulty swallowing
- Rapid heartbeat/Irregular heartbeat
- Menstrual irregularities/Light period
- Warm, moist palms
- Difficulty sleeping
- Excessive vomiting in pregnancy
- Frequent bowel movements
- Weight loss
- Heat intolerance
- Increased sweating
- 1st-trimester miscarriage
- Family history of Thyroid Disease or Diabetes