TIPS TO SUCCEED IN THIS CLASS

You probably already know that a 1000 level college class is twice as intense as a high school level AP or honors course (16 weeks to cover a greater depth of material than the 36-week high school class). A 2000 level course is twice as intense as a 1000 level course, so make sure to account for that difference with the time you allot for studying.

This is a challenging class due to the sheer amount of material. It is both a science class and a language class. The material is cumulative, so do not get behind. It is a stepping-stone for most medical professions so it will include information relevant to all fields. This class must transfer to a wide selection of universities, so it is rigorous.

In order to learn the materials necessary to succeed in this class, you need to spend a lot of active time learning this material. A good rule of thumb is to spend three hours of study time per one hour of class (after the required reading, reviewing material from Biology that you do not remember, and completing any other assignments). For example, if you are in lab two hours, before the next lab meets, you should spend six hours of active study. What is active study? Examples include:

- making and drilling yourself with vocabulary cards
- using the Science Place to study microscope slides or models
- filling out the exercise sheets in your lab manual
- using the Mastering Study area to access PAL and PhysioEx to practice your observation skills
- forming study groups to discuss problems
- re-writing or typing your notes
- drawing and labeling images of slides, models, or dissections
- teaching others what you have learned
- going on-line and doing quizzes or other activities
- coming to open lab to study microscope slides or models

You may be a parent, a caregiver, an employee, or you may be taking a heavy load of classes and extracurricular activities. You may need to cut back on your other commitments in order to do well in this class. Do NOT cut back on sleep, good diet, and exercise. In order to learn, you need to fuel your brain and body, and deal with the stress.
Always, come on time. The lab doors are locked for security reasons. I will open them a few minutes before class begins. I start the class on time. If you are not here, you will miss review questions before a quiz and possibly the quiz itself. It is also distracting to your fellow classmates to hear you knock and for those closest to the door, inconvenient to get up and let you in.

One of the most important things you can do to learn the material is to make sure you attend every lab. If there is one lab that you cannot avoid missing, contact me as soon as possible so we can arrange a time for you to learn the material you missed. I have averaged the grades for student attendance for this past semester.

- Average for a student that comes to every lab: ~80% (range 50-96%)
- Average for a student that misses one lab: ~70% (range 51-87%)
- Average for a student that misses two labs: ~60% (range 45-87%)
- Most students who miss more than two labs drop the class.

Always, come prepared. Nothing annoys me more (except maybe whining) than being asked what section of the book we will be covering. You have a syllabus, and a schedule of assignments; use them. You should have read the assigned lab manual material prior to class. Lab papers are due on time-no exceptions (see due dates). Start the assignment immediately to make sure that you will have time to do the simulation and print it or to make plans to use another computer or printer here.

Unless your cell phone will only be ringing in case of emergency with family or work, turn it off. Personal calls during class are unacceptable. If you do have an important call, please take it into the hallway. During exams, turn off and put away ALL cell phones.

Please put all models, slides, microscopes, dissections and other lab materials where they belong. If I have to clean up after you or hunt for supplies that you have misplaced, I do not have as much time to answer your questions.

The Science Place in the library (L-241) has many models and slides that you will see in class (but not all of them). The Circulation desk checks the slides out for use in the library with your student ID. Please put all models back on the shelves (usually in plastic containers) where you found them.
Use care when using the microscopes and slides. There is information about using the slides on the inside lid of the slide box.

The ACCESS Office (SCC-D140), 972-881-5898, has many services available for students with physical or learning disabilities, in addition to counseling and tutoring services. Please take advantage of these valuable resources. [http://www.collin.edu/studentresources/disabilityservices/](http://www.collin.edu/studentresources/disabilityservices/)

Please feel free to ask any questions at any time, even during quizzes and lab practicals. I will do my best to help you learn human anatomy and physiology. Please do your part by coming prepared for each and every lab so that you can use your lab time efficiently. If possible try to come a few minutes early to lab and stay after class most days to take advantage of the dissections and models that are only available in the lab. This will allow you more time to ask questions and view models, slides and dissections.

I look forward to working with you this semester!